

2009 FORT MADISON YOUTH GIRLS BASKETBALL LEAGUE

The Fort Madison High School Girls Basketball Coaching Staff is once again offering a Winter Youth Girls Basketball League. The goal is to offer a high quality youth basketball program that all girls in the school district will want to participate in while focusing on fundamental development and sportsmanship. All girls who participate will learn how to execute the proper fundamentals of basketball. Girls will develop confidence through skill development and learn to be successful playing basketball. *We hope you will participate as it's going to be a lot of fun!*

WHO: FORT MADISON CSD GIRLS IN THIRD, FOURTH, FIFTH, & SIXTH GRADE

WHAT: GIRLS WHO PARTICIPATE WILL BE PUT ON TEAMS. TEAMS WILL PRACTICE ONCE/TWICE A WEEK AT SITES TBA STARTING THE WEEK OF OCTOBER 26TH. THEN ON 6 SELECTED SATURDAYS GAMES WILL BE HELD.

WHEN: The league will run from SATURDAY OCTOBER 24TH THROUGH DECEMBER 12TH. SATURDAY, OCTOBER 24TH WILL BE OUR FIRST PRACTICE DATE AND BE HELD FORT MADISON HIGH SCHOOL. 3RD AND 4TH GRADERS WILL PRACTICE FROM 9:00-10:15 AND 5TH AND 6TH GRADERS FROM 10:30-12:00. *The October 24th is a practice date and No games will be played. At this time players will receive important information pertaining to practices. Attendance this day is Mandatory as information concerning future practice sites and times will be discussed.* PRACTICES WILL PRIMARILY BE ON WEEKNIGHTS BETWEEN 4-8 P.M. ON SATURDAYS ALL GIRLS WILL PARTICIPATE IN GAMES, EQUAL PLAYING TIME WILL BE GIVEN. THE GAMES WILL BE PLAYED AT FORT MADISON HIGH SCHOOL OR MIDDLE SCHOOL. THIS YEARS GAME DATES ARE OCTOBER 31, NOVEMBER 7, 14, 21, DECEMBER 5, 12. ALL GAMES WILL BE PLAYED BY 1:00 P.M. Sunday, December 6th is the tentative Youth Girls Basketball road trip to Iowa City to watch the Iowa Hawkeye Women's Basketball team play at Carver Hawkeye Arena. More information will be released at a later date.

COST: \$15 Please register ASAP so we can effectively plan for the first day of practice. Walk-ins will be welcome.

No one will be left out because of financial hardship. Financial scholarships are available, please talk to Coach Volquardsen. Proceeds from the league will help pay for future equipment and program costs. A T-shirt will be provided to all participants who have registered by October 24th. **ADMISSION TO ALL SATURDAY GAMES IS FREE.**

VOLUNTEER COACHES NEEDED: Volunteer coaches will be asked to participate in a Coaching Clinic 6:00 p.m. Thursday, October 22 at Richardson Elementary School Gym, please wear comfortable clothes. In an effort to develop specific skills taught at the high school level, the High School Staff will instruct volunteer coaches on various techniques and terminology. Asking volunteer coaches to teach these skills will help the girls who participate to be successful by being consistent. All coaches will have the recourse to instruct proper fundamental basketball. Anyone interested in volunteering to coach, please contact Matt Aultman or Mike Volquardsen. Contact information is below.

QUESTIONS: If you have any questions, feel free to contact Matt Aultman at 372-7166 or Mike Volquardsen, FMHS Girls Basketball Coach/FMMS Physical Education Teacher : (MS) 372-4687 ext. 1407 or Mike.Volquardsen@ft-madison.k12.ia.us

DETACH AND MAIL TO: Mike Volquardsen, Fort Madison Middle School, 1801 Ave. G, Ft. Madison, IA 52627

2009 Fort Madison Youth Girls Basketball League

NAME _____ GRADE _____

SCHOOL (CIRCLE): MIDDLE SCHOOL RICHARDSON LINCOLN DENMARK

ADULT Shirt Size (CIRCLE): S M L

ADDRESS _____

CITY _____ ZIP _____

PARENT/GUARDIAN NAME _____ PHONE _____

REGISTRATION FEES: \$15 *Please register ASAP*

MAKE CHECKS PAYABLE TO: **FORT MADISON GIRLS BASKETBALL**